## LARK IN THE PARK ASSUMPTION OF RISK AND RELEASE OF LIABILITY

I desire to participate in outdoor recreational event(s) sponsored by the Catskill Mountain Club (CMC), the Catskill Center for Conservation and Development (CCCD), and the New York New Jersey Trail Conference (NYNJTC). I am participating on a voluntary basis and have not paid any money or other consideration for the privilege of participating. I understand that my activities as a participant in outdoor recreational events entail a risk of physical injury or death and that I may be exposed to hazards, foreseen or unforeseen, while participating in any such event. I further understand that accidents or injuries may occur during the time that I participate or while traveling to or from any such event. I expressly assume all risks associated with, or arising from, my participation. Because the assertion of claims against the CMC, CCCD, and NYNJTC for personal injury occurring during my participation would be antithetical to my support of the CMC and CCCD, and NYNJTC and their goals and would reduce the ability of the CMC and CCCD, and NYNJTC to offer participation in such events or to accomplish its charitable purposes, I grant this release. I understand that CMC/CCCD/NYNJTC activities do not include carpooling, transportation or transit to and from the trailhead or other location where the event begins. I am personally responsible for all risks associated with this travel.

I agree to abide by all rules and regulations of the CMC, CCCD, and NYNJTC in connection with participating in this event. I agree that I will exercise extra care for my own person and for others around me while participating. I understand that it is my responsibility to have a level of fitness appropriate for the type of activity and must bring proper clothing, gear and enough water to stay well hydrated regardless of the season. I further understand that the only responsibility of the trip coordinator(s) is to make sure all participants sign a release form. I understand that rescue may be difficult or unavailable and medical facilities or expertise may not be available in a timely manner. If I decide to leave any event prior to its completion or to continue after the event concludes, I assume all risks inherent in my decision.

On behalf of myself, my heirs, devisees, administrators, executors, successors and assigns, I hereby forever release the CMC, CCCD, and NYNJTC, their officers, directors, trip coordinators, employees and agents, from any and all costs, claims, losses, liabilities or damages arising from or in any way related to my participation in any such event. I intend this release to be effective, regardless of whether the claim of liability is asserted in negligence, strict liability in tort, or other theory of recovery. For myself, my heirs, devisees, administrators, executors, successors and assigns, I covenant and agree to make no claim, and not to institute any suit, action or proceeding against the CMC, CCCD, and NYNJTC, their officers, directors, trip coordinators, employees and agents, relating to any accident, incident or occurrence arising out of, or in connection with, my participation in any such outdoor recreational event.

Print Name	Email Address (if new to the Lark in the Park)	Participant/Guardian Signature	Add to email list? (y/n)

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TO BE COMPLETED BY EVENT FACILITATOR (and form returned to Catskill Mtn Club,		ll Mtn Club, info@catskillmount	info@catskillmountainclub.org)	
EVENT DATE: EVENT FACILITATOR(s):		NUMBER OF PARTICIPA	NUMBER OF PARTICIPANTS:	
EVENT TITLE / DESTINATION:			TOTAL VOLUNTEER HOURS:	
WEATHER, SIGHTINGS, COMM	MENTS, ETC (optional):			