



# Sterling Lake Loop and Warbler Trail Restorations

September 2014

Prepared for:

**Sterling Forest Backcountry Trails Program**

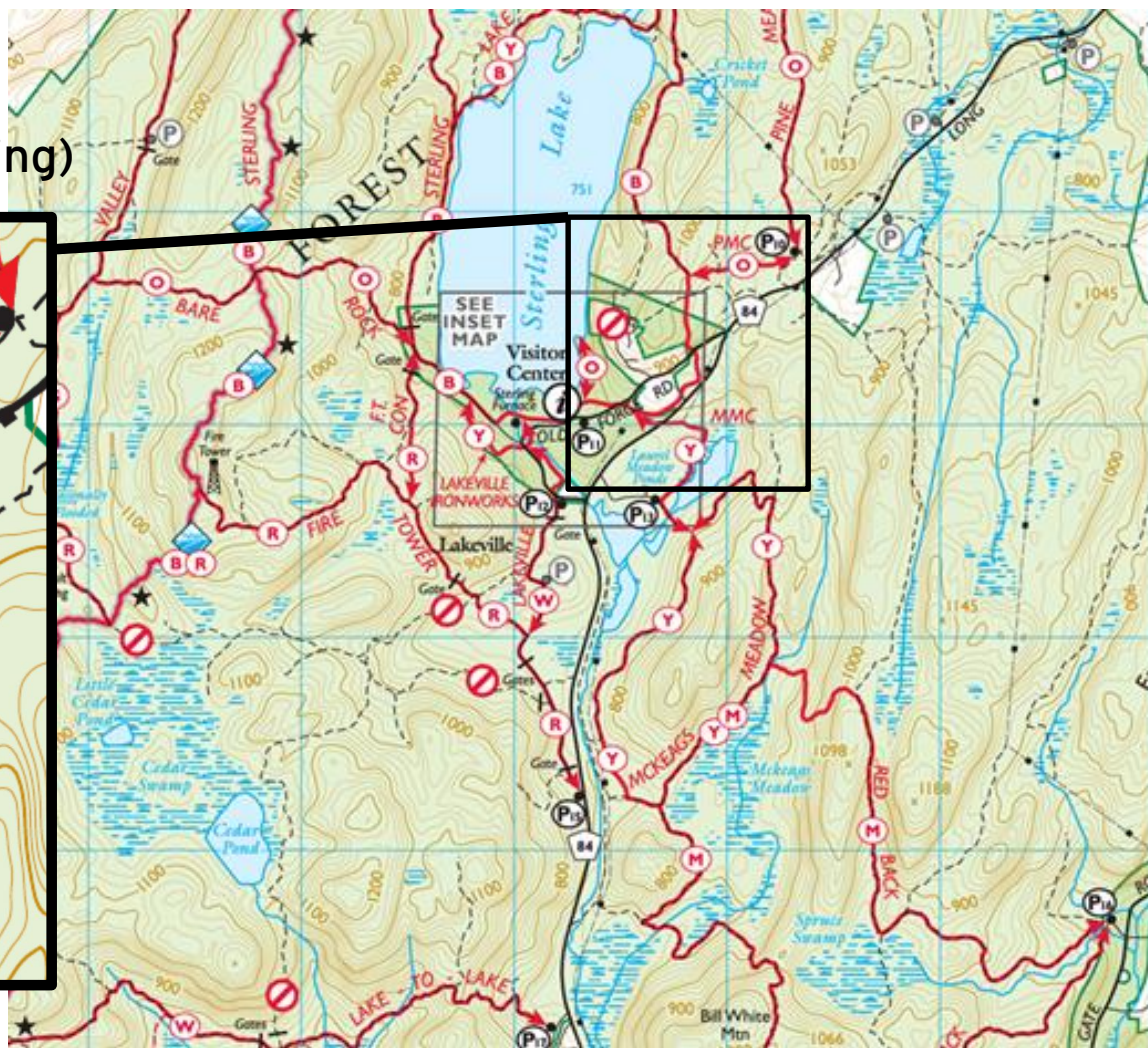
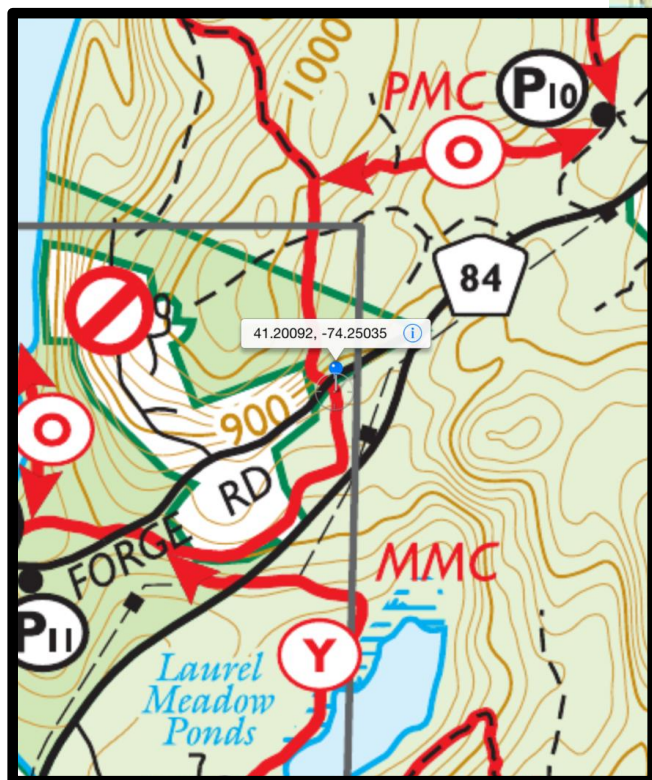
(Sterling Forest State Park, NY-NJ Trail Conference,  
NYS Office of Parks, Recreation, and Historic Preservation)

Prepared by: NY-NJ Trail Conference



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## Sterling Lake Loop South: Site Location (at Old Forge crossing)





# Sterling Lake Loop Project Summary

- Approximately 25 feet of trail was raised with stepping stones and stairs to provide dry passage through a drainage area below the road
  - 13 stepping stones set
  - 4 stairs installed
  - 1 drainage structure (water bar) installed
- Over 252 hours logged on work site
  - >74 hours of work preformed by volunteers
  - Repeat volunteers contributed half of the total hours

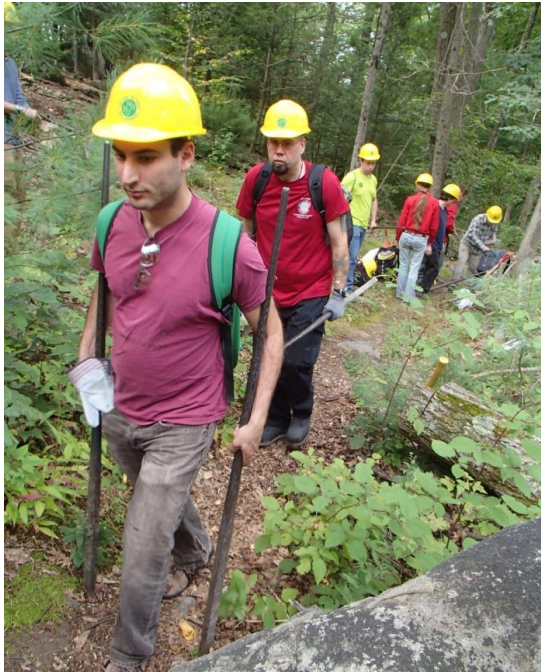


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# Volunteer Achievements

## Workshop

"Tread And Drainage: Building A Stream Crossing"  
completed by 10 individuals



## Hours Of Service

Five new and two repeat  
volunteers logged over 74  
hours

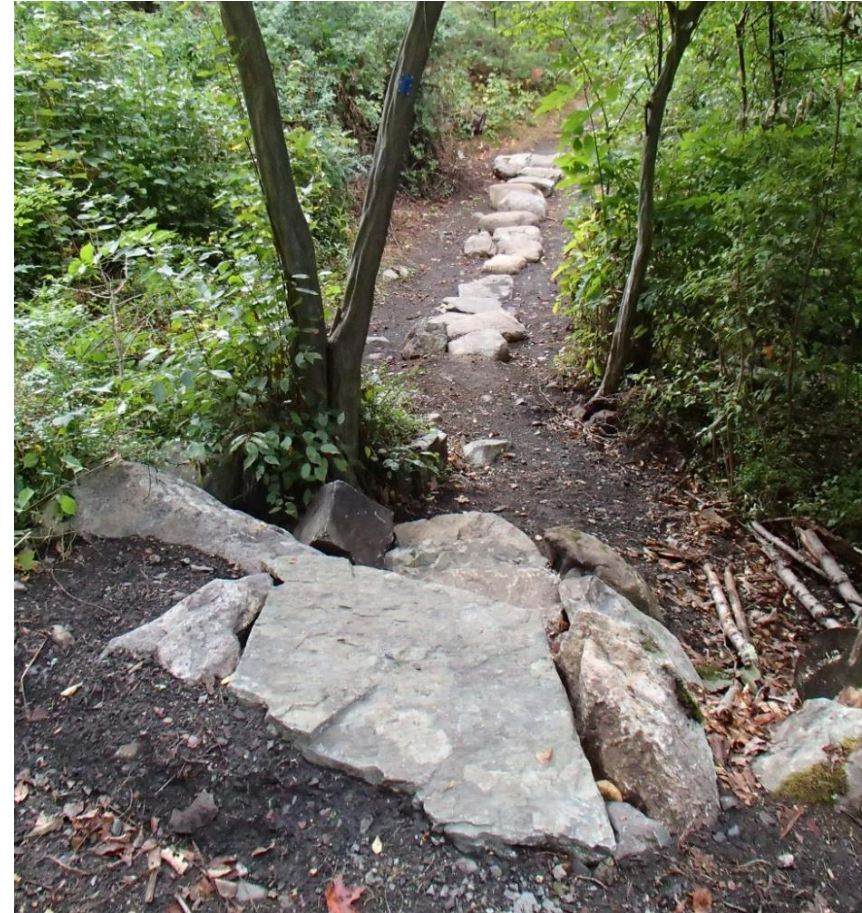


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## Construction Achievements: Stone Stairs



Before



After



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## Construction Achievements: Stepping Stones



Before



After



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After



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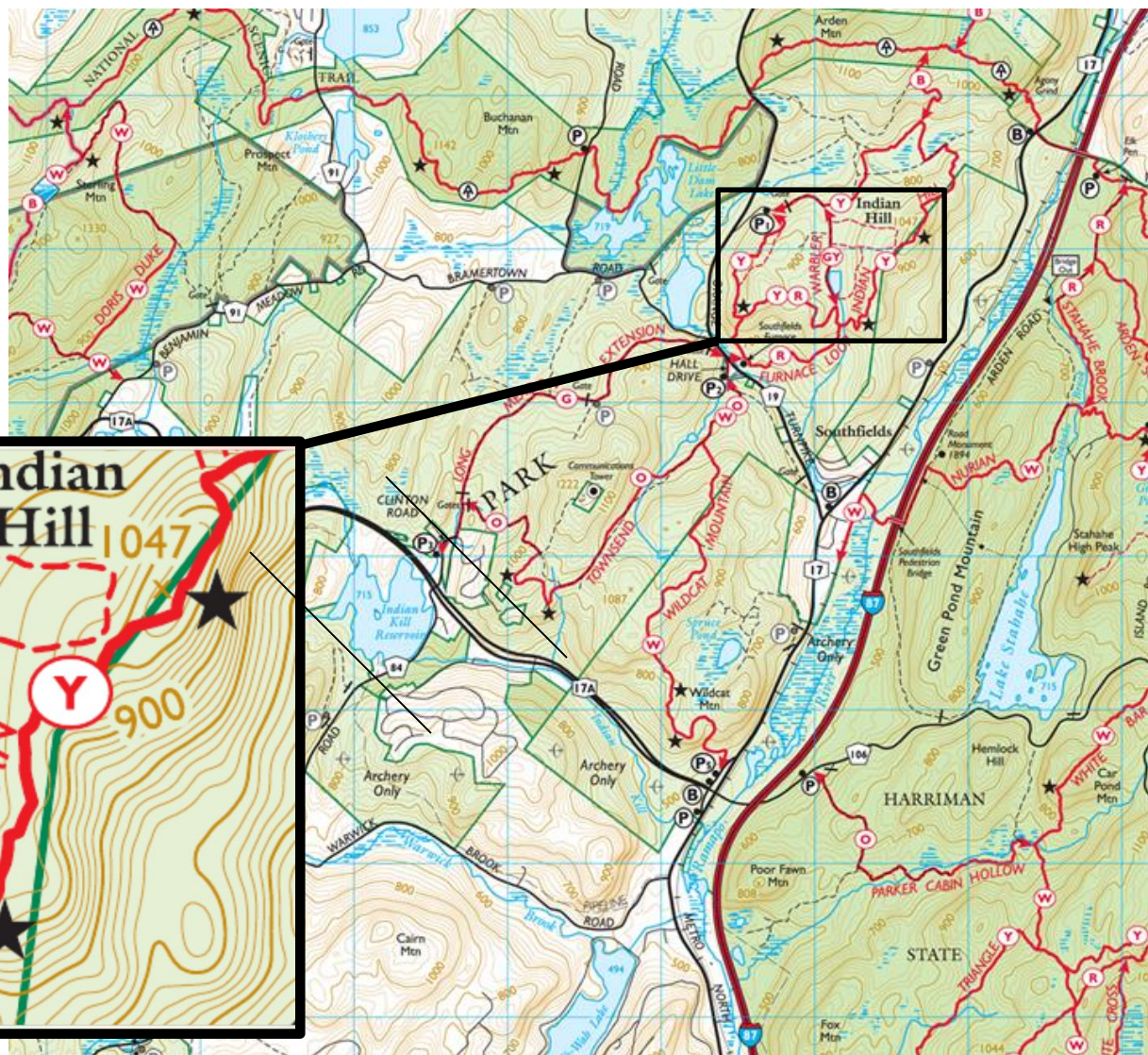
Volunteers quarry rock across Old Forge Road, using rock bars as tracks.





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## Warbler Trail Restoration: Site Location





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## Warbler Trail Project Summary

The treadway was elevated by covering exposed tree roots with natural locally-sourced surfacing material to create a more uniform and better draining surface.





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## Project Accomplishments:

Surfaced 300 feet of trail with approximately 540 cubic feet of mineral soil.

Over 36 crew hours, over 10 volunteer hours.

